

# NATIONAL POSTDOC APPRECIATION WEEK SEPTEMBER 18—23, 2023

## WHO WE ARE

UAMS Postdoctoral Fellows are trainees, as well as valued research colleagues. To optimize postdoc career trajectories and experiences, the Division of Research and Innovation offers a variety of enrichment opportunities.

### Goals

- Most importantly – *Create a supportive environment for UAMS postdocs*
- Train junior investigators for leadership positions in research
- Provide skills and credentials for success at UAMS
- Prepare investigators for next steps in their careers

### Benefits

- Create a community of postdocs for peer-to-peer support
- Increase productivity with increased inclusiveness
- Create an environment to stimulate interdisciplinary Projects
- Show appreciation for Postdocs



### Monday, Sept 18

Coffee and Doughnuts drop-in  
Time: 8:30 – 10:30 am  
Location: Biomed II, 4th floor,  
room 458-2

Mindful Meditation  
4:00 – 5:00 pm  
Location: Biomed II, 1st floor,  
conference room 155-2

### Tuesday, Sept 19

Employee Assistance Program  
Time: 10:00 – 11:00 am  
Zoom – link will be provided

### Wednesday, Sept 20

Postdoc Academy Essentials of  
Grant Writing  
Workshop with Dr. Kerry Evans  
Time: 10:00 – 11:00 am  
Location: Biomed II, 1<sup>st</sup> floor,  
conference room 155-2

### Thursday, Sept 21

Postdoc Academy Seminar with  
Dr. Keith Ward  
“Lessons Learned” In a Career in  
Pharma/Biotech  
Time: 12:00 – 1:00 pm  
Zoom – link will be provided

### Friday, Sept 22

Mindful Meditation  
Time: 9:00 – 10:00 am  
Location: Biomed II, 1st floor,  
conference room 155-2

Postdoc Townhall meeting  
Time: 4:00 – 5:00 pm  
Location: Biomed II, 1st floor,  
conference room 155-2

HAPPY HOUR  
Time: 5:30 pm  
Location: Fassler Hall, 311 East  
Capital Ave.

### Saturday, Sept 23

Postdoc Picnic  
Time: 11:00 am – 3:00 pm  
Location: Allsopp Park Pavilion,  
3700 Cedar Hill Rd.